



# The 25<sup>th</sup> Annual 『Thaiquain Cup』 10K

Organized by Thaiquain Sports Club

Sponsors :

TKK Trophy Design



Fresh Channel Ltd

(sponsor of bananas & pears)



ATHLETICS NATION

Welcome to Athletics Nation

Date : 6<sup>th</sup> September 2009 (Sunday) Starting time : 9:00am  
 Venue : Pak Tam Chung Sai Kung Country Park Distance : 10km (please see the route map)  
 Entry Fee : HK\$100 for Non-TSC member. \$30 for TSC member Deadline : 24<sup>th</sup> August 2009  
 Souvenirs : A souvenir T-shirt for each participant Entry is limited to 1000 only, on first-come-first-served basis

## Category and Awards (Participants will be grouped according to their year of birth)

MEN AGE							WOMEN AGE				
Group A	Group B	Group C	Group D	Group E	Group F	Group G	Group A	Group B	Group C	Group D	Group E
(14 – 17)	(18 – 34)	(35 – 39)	(40 – 44)	(45 – 49)	(50 – 59)	(60+)	(14 – 17)	(18 – 29)	(30 – 39)	(40 – 49)	(50+)
1 <sup>st</sup> – 3 <sup>rd</sup>	1 <sup>st</sup> – 10 <sup>th</sup>	1 <sup>st</sup> – 10 <sup>th</sup>	1 <sup>st</sup> – 10 <sup>th</sup>	1 <sup>st</sup> – 10 <sup>th</sup>	1 <sup>st</sup> – 6 <sup>th</sup>	1 <sup>st</sup> – 5 <sup>th</sup>	1 <sup>st</sup> – 3 <sup>rd</sup>	1 <sup>st</sup> – 5 <sup>th</sup>	1 <sup>st</sup> – 5 <sup>th</sup>	1 <sup>st</sup> – 5 <sup>th</sup>	1 <sup>st</sup> – 3 <sup>rd</sup>

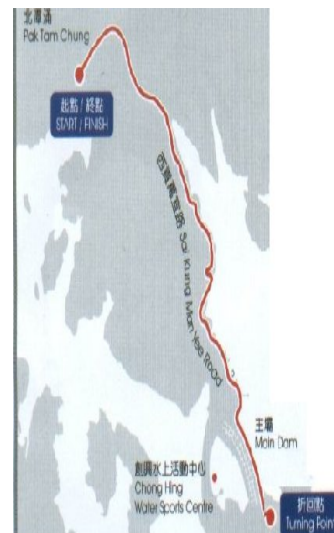
\* Additional awards will be given to Thaiquain Club members ([www.thaiquain.com](http://www.thaiquain.com))

- Entry : 1. Completed entry form with crossed cheque payable to “Thaiquain Sports Club” should be sent to Flat A, 11/F, Block 3, Harmony Garden, Siu Sai Wan, Hong Kong.  
 2. Please enclose a HK\$1.40 stamped self addressed envelope for running number.  
 3. Entry fee is non-refundable.  
 4. NO ENTRIES ON THE DAY. Renewal of Thaiquain membership will not be processed on the Race Day.  
 5. Replacement numbers on day HK\$10.

Transportation : Coach will depart from Somerset Road near Kowloon Tong KCR / MTR Station at 7:00am & 7:15am. Fee \$15 (one-way only)

Inquiry : Hung Wing Yin 9876 6713 or Maggie 9411 5535

- Remarks 1. The number bib is not transferable  
 2. Baggage collecting area will be provided but the organizer will not be responsible for any loss.  
 3. If the typhoon signal No. 8, Red or Black Rainstorm Warning is hoisted, the event will be cancelled.



## The 25<sup>th</sup> Annual 『Thaiquain Cup』 10K Entry Form

Family Name : \_\_\_\_\_ Given Name \_\_\_\_\_ ID Card No. : \_\_\_\_\_ Sex : \_\_\_\_\_

Date of Birth : \_\_\_\_\_ Age : \_\_\_\_\_ : Telephone : \_\_\_\_\_ Email : \_\_\_\_\_

Address : \_\_\_\_\_

Bank : \_\_\_\_\_ Cheque No. : \_\_\_\_\_ Amount : \_\_\_\_\_ Non-TSC member / TSC member

Male A (14-17)

Male B (18-34)

Male C (35-39)

Male D (40-44)

Male E (45-49)

Male F (50-59)

Male G (Age 60 or above)

Female A (14-17)

Female B (18-29)

Female C (30-39)

Female D (40-49)

Female E (Age 50 or above)

\* **Transportation Fee \$15.00**

Declaration : I hereby declare that I am at my own will and at my own risk to enter into the competition. I hereby further declare that I shall have no claim whatsoever against Thaiquain Sports Club, the sponsor(s) and the relevant authority (collectively “the Organizer”) for any loss, damage injury and death which I may suffer as a result of my entering into the competition before, during and after the race.

Signature : \_\_\_\_\_ Participants under 18 years of age must be countersigned by parents or guardians Signature : \_\_\_\_\_